

# GOOD SHEPHERD CATHOLIC PRIMARY SCHOOL



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Dear Parents

Please find below suggestions for what to pack for the Year 6 Camp to Milson Island. The information is taken directly from the website <https://sport.nsw.gov.au/facilities/schools/parent>

## **What to pack**

### **Luggage**

Luggage should be limited to one bag equivalent in size to airline 'carry on' luggage with maximum weight of 10kg and a separate sleeping bag, plus a small backpack per child. Remember, your child will be required to carry their luggage so it is essential to make sure it is not too big or heavy.

Limiting luggage size and weight is especially important when visiting **Milson Island** or Broken Bay Sport and Recreation Centres as luggage will be handled multiple times throughout the journey.

### **For school camps, pack:**

Please label all clothing, towels and sleeping bags with your child's name. Your child is responsible for all their belongings for the duration of the camp.

- Shorts and t-shirts (no singlets, sleeveless or midriff tops)
- Jeans
- Jumpers and tracksuit pants
- Socks and underwear
- Raincoat
- Warm jacket (**winter only**)
- Pyjamas
- Swimming costume and rashie shirt
- Sunscreen, sun hat and sunglasses
- Two pairs of running shoes (one old pair to wear in the water - this must be an enclosed shoe)
- Toiletries, soap, lip balm and insect repellent (no aerosols)
- Two towels
- Pillow, sleeping bag or doona and two single flat sheets
- Day backpack
- Paper, pens or pencils (optional)
- Plastic bags for dirty or wet clothes
- Medication (if required - to be given to your class teacher)
- Handkerchief or tissues
- Water bottle
- Money to buy souvenirs (max \$10)

**What not to bring:**

- Aerosol cans (i.e. spray-on deodorant or insect repellent)
- Mobile phones and other electronic devices, including smart watches
- Lollies or chewing gum
- Jewellery
- Anything valuable (The Office of Sport takes no responsibility for the loss or damage to a client's personal property, including money or other valuable items)

**Staying in touch during camp:**

You may call the office at Good Shepherd and a message will be relayed to the teachers at camp.

Or

**Milson Island Contact information:**

**Phone:** (02) 9985 2200 (Monday to Friday, 9am to 5pm)

**Postal address:** Milson Island Sport and Recreation Centre, PMB 11, Brooklyn NSW 2083

**Medication:**

Any medication that your child needs to take while at camp, must be handed to their class teacher either on Friday 28th February, if that is practical or on the morning of camp Monday 2 March.

- It MUST be in the original packaging and within a ziploc bag with instructions.
- The child's name must be clearly shown
- Clear written directions must be provided, including dosage and time to dispense

All current medication stored at school will be taken to camp by the teachers and returned to school at the conclusion of camp. Medication from home will be given back to the students on the return bus journey.

Please do not hesitate to contact your child's teacher should you have any further questions.

Kind regards,

The Year 6 Teachers